

## Lampiran 8. Uji t

### UJI-t PRETEST DAN POSTEST KELOMPOK EKSPERIMEN *SHUTTLE RUN*

**Paired Samples Statistics**

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Pretest <i>Shuttle Run</i>	15.7121	14	1.18163	.31580
	Posttest <i>Shuttle Run</i>	13.2257	14	.91544	.24466

**Paired Samples Test**

		Paired Differences				t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference			
					Lower Upper			
Pair 1	Pretest <i>Shuttle Run</i> - Posttest <i>Shuttle Run</i>	2.48643	.88713	.23709	1.97422 2.99864	10.487	13	.000

### UJI-t PRETEST DAN POSTEST KELOMPOK EKSPERIMEN *ZIG-ZAG RUN*

**Paired Samples Statistics**

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Pretest <i>Zig-Zag Run</i>	15.6743	14	1.09518	.29270
	Posttest <i>Zig-Zag Run</i>	12.8221	14	1.38094	.36907

**Paired Samples Test**

		Paired Differences				t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference			
					Lower Upper			
Pair 1	Pretest <i>Zig-Zag Run</i> - Posttest <i>Zig-Zag Run</i>	2.85214	.95134	.25426	2.30286 3.40143	11.218	13	.000

**Lanjutan Lampiran 8.**

**UJI GAIN SCORE POSTEST KELOMPOK EKSPERIMEN *SHUTTLE RUN* DAN *ZIG-ZAG RUN***

**Group Statistics**

	Latihan	N	Mean	Std. Deviation	Std. Error Mean
Gain Score	1	14	13.2257	.91544	.24466
	2	14	12.8221	1.38094	.36907

**Independent Samples Test**

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Gain Score	Equal variances assumed	3.953	.057	.911	26	.370	.40357	.44280	-.50662	1.31376
	Equal variances not assumed			.911	22.576	.372	.40357	.44280	-.51338	1.32053